



12:00pm- Books and Brunch 12 noon via Zoom 6:00pm- Wellness Walk at Eisenhower Park (Meet in Parking Lot 5)



12:00pm-Books and Brunch 12 noon via Zoom

7:30pm- Line Dancing at Walker Memorial Park



7:00pm-NAMI Wellness Session Part II



9:00am- NAC DELTAS share the love of reading with students in community schools.

7:00pm- Dine and Discuss Book Talk- (Unlikely Neighbors) - with Author Renee Daniel Flagler



9:00am- NAC DELTAS share the love of reading with students in community schools.

6:00pm-Long Island Deltas Social Gathering

Please email artsandlettersnac@gmail.com for more information or to RSVP.